

2009 MPSL All-Star Swimming Meet

Sunday, July 19, 2009

Meet Starting Time: 9:10 a.m.

Hosted by the Annville-Cleona Otters Swimming Team
Annville-Cleona Swimming Pool, Annville, PA

Dear Coaches:

The Annville-Cleona Otters Swimming Team is looking forward to hosting you and your swimmers for the 2009 MPSL All-Star Meet on July 19. The meet will feature those swimmers from all three divisions of the Mid-Penn Swimming League who have the 16 fastest times in individual events and the eight fastest times in relay events from the combined results of the three respective Divisional Championship Meets held on Saturday, July 18.

The meet will include two (2) heats for individual events and one (1) heat of each relay event. *For volunteer purposes only*, the meet will be divided into two sessions:

Session 1 Medley Relays - Event 38 (Girls 15-18 Backstroke)
Session 2 Event 39 (Boys 9-10 100 Free) – Freestyle Relays)

This packet includes the following:

- * Coaches/Rep General Info
- * Directions to Annville-Cleona Pool
- * Schedule of Events
- * Officials/Volunteer Sign-up Form
- * Instructions for the Submission of Divisional Results
- * T-Shirt Design and Pre-order Forms
- * Event Sponsor Form

In general, this meet will follow closely the pattern of previous All-Star Meets. Back by popular demand, we will be offering, either through preorder or a meet day order, custom-designed All-Star T-shirts.

Please read all of the enclosed information completely and carefully. If you have any questions or concerns, please contact Deb Schug, Meet Director, at Dschugfam@aol.com, or Kathy Wingert, Assistant to the Meet Director, at 507-9896 or dkwingert@comcast.net. You may obtain additional copies of the sheets provided in this packet by clicking on the appropriate links on the Otter website, www.swimotters.org, or the MPSL website, www.swimmpsl.org.

Coaches/Reps General Information Sheet

**Mid Penn Swim League
All-Star Championships
July 19, 2009**

Site: This meet is hosted by the Annville-Cleona Otters Swimming Team, A-C Pool, Maple Street, Annville, PA, 17003. A large parking lot is adjacent to the facility. Overflow parking is available at the Annville Antique Depot. The pool, with a bulkhead, is a 25-meter, 8 lane pool. We will be using all eight lanes for warm-ups and for the meet. Water depth at the starting end is 5 feet. Three timers will time each lane, using the Dolphin semi-automatic Colorado timing system. The middle time will be the official time.

Eligibility: In each event, the top 16 individual times and the top 8 relay teams from the combined results of the three divisional meets held July 18, 2009, will swim at All-Stars. All-Star qualifiers will be seeded from divisional results via Meet Manager. Divisional hosts will be given instructions for this process. Please give the names of any swimmers who will not be participating in the All-Star Meet to the computer person at your Divisional site for transmittal to the All-Star host. All-Star qualifiers will be posted on the Mid-Penn website (www.swimmpsl.org) and the Otter website (www.swimotters.org) as soon as possible on Saturday.

Order of Events: Same as dual meets.

Starting Times: Meet starts at 9:10 AM
Scratch Meeting at 8:20 AM
Officials/Timers Meeting at 8:40 AM
Mid-Cap Coaches Meeting will be held immediately following the conclusion of the meet

Warm-up Times:

Warm-ups begin at 7:00 a.m. Exact lane assignments will be based on the number of swimmers who qualify for the meet from each team. They will be posted on Sunday morning. Teams are assigned to the following sessions for circle swimming only.

Session 1: 7:00 - 7:25 (ACL, HEA, LAT, FSC)
Session 2: 7:25 – 7:50 (HAC, PAC, LEBY, WWH)
Session 3: 7:50 - 8:15 (DC, WWD, MDT, PC)
Session 4: 8:15- 8:40 (DAU, TVA, MTV, HST)

Starts and Turns:

One Session: 8:40 – 9:05 Lanes 7 and 8 (turns)
Lanes 1-6 (starts/one-way sprints, with
Lane 1 reserved for 8 and unders)

***If your team will not be attending your circle- swimming warm-up session, please email dkwingert@comcast.net by Monday, July 13th.**

Safety: Each team must provide adult supervision for their team during the meet. Swimmers are subject to disqualification for flagrant disregard of procedures.

Volunteers: We need everyone’s help to run an efficient meet. We are asking each team to provide timers, officials, and one scorer/runner/ribbon writer. On-deck officials should wear white and have certification patches visible. Each team attending should have at least one stroke and turn official available to help during the meet. Teams with larger contingents of swimmers should provide two officials. We will offer FREE ADMISSION FOR ALL VOLUNTEERS. **By Monday, July 13, please provide names of those who will volunteer to dkwingert@comcast.net.** If parents are unwilling to commit, please list possible volunteers with a “conditional” notation on the form. All volunteers will check in at the volunteer table by the volunteer/coach/swimmer gate. Even if your team cannot provide specific names at this time, you will be responsible for filling your team slots on meet day. You may feel free to contact other teams who may have extra volunteers available to help fill your slots. Please let us know that detail on the form.

Admission: \$2 admission fee (12 and over) and \$4 for a program. Swimmers, coaches, and working volunteers are free. Gates and parking lots open at 6:30 a.m.

- Team Fees:** Event fees are \$3.00 per individual event and \$12.00 per relay. Checks should be made out to MPSL and brought to the scratch meeting.
- Meet Results:** Final results will be posted on the Otter website, www.swimotters.org, and Mid-Penn's website, www.swimmpsl.org. Any team desiring a results file must provide a disk or memory key.
- Food/Drink:** Refreshments for spectators will be available throughout the meet.
- Hospitality:** We will provide a hospitality tent for officials and coaches. We will also provide free heat sheets for **three** coaches from each team. We will supply on-deck timers, officials, and other volunteers with beverages.
- Restrooms:** Pool restrooms are available for swimmer use only. Portable restrooms will be available for spectators.
- Swim Shop:** Weather permitting, T&T Swimming will offer a large selection of swimming apparel and training equipment.
- Team Tents:** Teams may bring team tents for set up on Saturday night between 8:00 PM and 9:00 PM.
- Meet Referee:** Mr. George Himes
- Meet Committee:** George Himes, Referee; Deb Schug, Meet Director; Gregg Martino, League President
- Questions:** Deb Schug, Meet Director, Dschugfam@aol.com
Kathy Wingert, Assistant to Meet Director, dkwingert@comcast.net.

Directions to the Annville-Cleona Pool

From the West: Take Route 422 East to the square in Annville. When you are at traffic light in the square, there will be a gas station on your right, Turkey Hill diagonal right, Lebanon Valley Bank on your left and Roma Pizza diagonal left. Continue through the square and remain on route 422 for approximately 1 mile until you see the Hess gas station. Begin looking for Weber Street. Weber is about .2 miles from the Hess station. You are at Weber Street when you see Annville Auto Sales on your right, Napoli Pizza diagonal left, and Tents and Events on your left. Make a left onto Weber. Proceed one block to Maple Street. Make a right onto Maple. The pool is approximately one half block on your left. If the parking lot is full, you may park in the small lot across the street. When both of these lots are full, parking attendants will instruct you to drop off your swimmers and return to 422 for approximately .3 miles east to the parking lot for Annville Antique Depot. A walking path will allow you to walk from that parking lot onto the pool grounds.

From the East: Take Route 422 West to Weber Street in Annville. You will be making a right onto Weber Street. Begin looking for Weber after you pass Hoss's and Annville Antiques Depot on your right. You are at Weber Street when you see Napoli Pizza on your right, Tents and Events diagonal right, and Annville Auto Sales diagonal left. Make a right onto Weber. Proceed one block to Maple Street. Make a right onto Maple. The pool is approximately one half block on your left. If the main parking lot is full, you may park in the small lot across the street. When both of these lots are full, parking attendants will instruct you to drop off your swimmers and return to 422 for approximately .3 miles east to the parking lot for Annville Antique Depot. A walking path will allow you to walk from that parking lot onto the pool grounds.

2009 MPSL All-Star Swim Meet
July 19, 2009
Event Sponsor Form

There are 76 events. It costs \$5 to sponsor an event. Event sponsors will have their names printed with the individual event information in the official program. Each event sponsor will also be recognized at the time the event is announced on the day of the meet. If you wish to sponsor a particular event, please identify the event. Event Sponsorship will be assigned on a first come-first serve basis. Please provide an alternate. If all requested events are full, you will be assigned a random event that is available.

Sponsor's Name: _____

Program printing instructions if different from above (for example, "The John Doe Family" or "Swim Fast Mary!"): _____

Address and Phone: _____

Number of events you wish to sponsor: _____

Specify event(s) number(s): _____, _____, _____, _____, _____, _____

Alternate event(s) number(s): _____, _____, _____, _____, _____,

Special Instructions: _____

For more information, contact Deb Schug at 469-0251. Only one event sponsor per event. Make checks payable to LVST. Return the check and the event sponsor form to Debbie Schug, 107 Crabapple Court, Hummelstown, PA. **Deadline is Monday, July 13.**

Officials/Volunteer Sign-up Form

All teams will be required to submit this form, as we need everyone's help to run an efficient meet. **We are asking each team to provide 4 timers, 2 officials, and one scorer/runner/ribbon writer.** On-deck officials should wear white and have certification patches visible. Each team attending should have at least one official available to help during the meet. Teams with larger contingents of swimmers should provide two officials. We will offer FREE ADMISSION FOR ALL VOLUNTEERS who sign up by the deadline.

To the extent possible, please provide names of those who will volunteer. If parents are unwilling to commit, please list possible volunteers with a "conditional" notation on the form. All volunteers will check in at the volunteer table by the volunteer/coach/swimmer gate. Even if your team cannot provide specific names at this time, you will be responsible for filling your team slots on meet day. Your cooperation determines whether the meet starts on time. You may feel free to contact other teams who may have extra volunteers available to help fill your slots. Please let us know that detail on the form. **Please return this form by email or snail mail so that it is received by no later than July 13 to Kathy Wingert, 135 Tanglewood Ct., Lebanon, PA 17042, dkwingert@comcast.net.**

Team Name: _____ Call Letters: _____

Team Contact Person: _____

Phone: _____ Email: _____

Timer 1 _____ Preferred session: _____

Timer 2 _____ Preferred session: _____

Timer 3 _____ Preferred session: _____

Timer 4 _____ Preferred session: _____

Official 1 _____ Preferred session: _____ Certification: _____

Official 2 _____ Preferred session: _____ Certification: _____

Runner/Scorer/Ribbon Writer _____ Preferred Session: _____

Submission of Meet Results from Divisional Hosts to All-Star Host (A-C)

TO: Division A, B, and C Meet Directors and Computer Operators

From: Deb Schug, Meet Director, MPSL All-Stars (Annville-Cleona Otters)

Phone: (717) 469-0251

Kathy Wingert, Assistant to Director, dkwingert@comcast.net

The Annville-Cleona Otters Swimming Team is the host of the Mid-Penn Swim League All- Star Meet scheduled for Sunday, July 19, 2009.

Set forth below is the procedure each division should follow to relay Divisional meet results to A-C in preparation of the All- Star Championship meet the next day.

- 1) Immediately send A-C meet day contact info via email. **Include a contact person and a phone number where that person can be reached on Saturday during and after the Divisional meets. (This will most likely be a cell phone number.)**
- 2) At the conclusion of the meet on Saturday, July 18, 2009, send A-C a backup of the meet via e-mail. Send the backup as an attachment. **Phone the cell phone listed below after your email has been sent.** That way, we will know immediately if we have a problem.
- 3) List in the text of your email message all swimmers by team that are scratching from the All-Star Meet. **DO NOT SCRATCH ANYONE FROM THE MEET RESULTS. LIST NAMES IN EMAIL ONLY.**
- 4) After A-C receives all three backups, we will post the following items on the Otters and Mid-Penn website:
 - a. Meet results from Division A, B, and C
 - b. Combined Divisional results
 - c. All- Star seeding/pysch sheets. Sixteen (16) swimmers and two alternates will be listed, except for relay events, which will list eight (8) teams and two alternate teams.

I would ask that everyone be prompt in emailing this information.

If all progresses as planned, everything should be on the Otters (www.swimotters.org) and Mid-Penn websites on or before 5:00 PM on Saturday, July 18. Coaches, swimmers, and parents will be able to access this important information.

Use the following e-mail address and cell phone number for transmission to Annville-Cleona Otters Swimming Team on Saturday, July 18, 2009.

Carl Gehenio, Otters Hytek Operator

carl.gehenio@gestech.com

Home Telephone number: 865-5856 (For questions prior to Saturday)

Cell Phone: 717-329-7066 (For contact on Saturday to confirm receipt of results)

Any additional questions can be directed to the Meet Director or Assistant to the Meet Director.

Official Meet Memorabilia!

All-Star T-Shirt Order Information

All-Star Meet T-shirts, both long-sleeved and short-sleeved, will be available for pre-purchase for this meet. Both items are indigo blue with printing in the colors of the American flag on both sides of the shirt. A color copy of the design is included on the individual order form included in this packet. Short-sleeve T-Shirts are available in sizes YM, YL, YXL, AS, AM, AL, AXL, AXXL, and AXXXL. Long-sleeve t-shirts are available in AS, AM, AL, AXL, AXXL, and AXXXL. **Short-sleeve shirts are \$15.00, except for AXXL and AXXXL, which are \$16.00. Long-sleeve t-shirts are \$20.00, except for AXXL, which are \$21.00.** For those who do not wish to preorder shirts before the meet, we will take additional, prepaid orders on meet day, with items to be delivered at the Mid-Cap Meet. We will not have stock to sell on meet day. If your coaches, swimmers, and parents want an item for meet day, they should preorder using the forms attached to this packet. We have provided individual order forms which you can distribute to your team and a “master” team form for you to return to us with **one check for the team’s total**. The form and check should be sent to Karen Peachey at the address listed on the team form by Wednesday, July 8. Checks should be made out to LVST. We will give the bag of shirts along with the order form to a team representative before the start of the meet.

Schedule of Events

2009 MPSL All-Star Meet
July 19, 2009 at the A-C Pool

- | | |
|------------------------------------|------------------------------------|
| 1 Boys 8 & Under 100 Medley Relay | 39 Boys 9-10 100 Freestyle |
| 2 Girls 8 & Under 100 Medley Relay | 40 Girls 9-10 100 Freestyle |
| 3 Boys 9-10 200 Medley Relay | 41 Boys 11-12 100 Freestyle |
| 4 Girls 9-10 200 Medley Relay | 42 Girls 11-12 100 Freestyle |
| 5 Boys 11-12 200 Medley Relay | 43 Boys 13-14 100 Freestyle |
| 6 Girls 11-12 200 Medley Relay | 44 Girls 13-14 100 Freestyle |
| 7 Boys 13-14 200 Medley Relay | 45 Boys 15-18 100 Freestyle |
| 8 Girls 13-14 200 Medley Relay | 46 Girls 15-18 100 Freestyle |
| 9 Boys 15-18 200 Medley Relay | 47 Boys 8 & under 25 Breast |
| 10 Girls 15-18 200 Medley Relay | 48 Girls 8 & under 25 Breast |
| 11 Boys 9-10 100 IM | 49 Boys 9-10 50 Breast |
| 12 Girls 9-10 100 IM | 50 Girls 9-10 50 Breast |
| 13 Boys 11-12 100 IM | 51 Boys 11-12 50 Breast |
| 14 Girls 11-12 100 IM | 52 Girls 11-12 50 Breast |
| 15 Boys 13-14 100 IM | 53 Boys 13-14 50 Breast |
| 16 Girls 13-14 100 IM | 54 Girls 13-14 50 Breast |
| 17 Boys 15-18 100 IM | 55 Boys 15-18 50 Breast |
| 18 Girls 15-18 100 IM | 56 Girls 15-18 50 Breast |
| 19 Boys 8 & under 25 Freestyle | 57 Boys 8 & under 25 Butterfly |
| 20 Girls 8 & under 25 Freestyle | 58 Girls 8 & under 25 Butterfly |
| 21 Boys 9-10 50 Freestyle | 59 Boys 9-10 50 Butterfly |
| 22 Girls 9-10 50 Freestyle | 60 Girls 9-10 50 Butterfly |
| 23 Boys 11-12 50 Freestyle | 61 Boys 11-12 50 Butterfly |
| 24 Girls 11-12 50 Freestyle | 62 Girls 11-12 50 Butterfly |
| 25 Boys 13-14 50 Freestyle | 63 Boys 13-14 50 Butterfly |
| 26 Girls 13-14 50 Freestyle | 64 Girls 13-14 50 Butterfly |
| 27 Boys 15-18 50 Freestyle | 65 Boys 15-18 50 Butterfly |
| 28 Girls 15-18 50 Freestyle | 66 Girls 15-18 50 Butterfly |
| 29 Boys 8 & under 25 Backstroke | 67 Boys 8 & under 100 Free Relay |
| 30 Girls 8 & under 25 Backstroke | 68 Girls 8 & under 100 Free Relay |
| 31 Boys 9-10 50 Backstroke | 69 Boys 9-10 200 Freestyle Relay |
| 32 Girls 9-10 50 Backstroke | 70 Girls 9-10 200 Freestyle Relay |
| 33 Boys 11-12 50 Backstroke | 71 Boys 11-12 200 Freestyle Relay |
| 34 Girls 11-12 50 Backstroke | 72 Girls 11-12 200 Freestyle Relay |
| 35 Boys 13-14 50 Backstroke | 73 Boys 13-14 200 Freestyle Relay |
| 36 Girls 13-14 50 Backstroke | 74 Girls 13-14 200 Freestyle Relay |
| 37 Boys 15-18 Backstroke | 75 Boys 15-18 100 Freestyle Relay |
| 38 Girls 15-18 50 Backstroke | 76 Girls 15-18 100 Freestyle Relay |

Timers and officials change after Event 38

